



COUNSELING & EDUCATION CENTER

2708 Patterson Road, Grand Junction, CO 81506

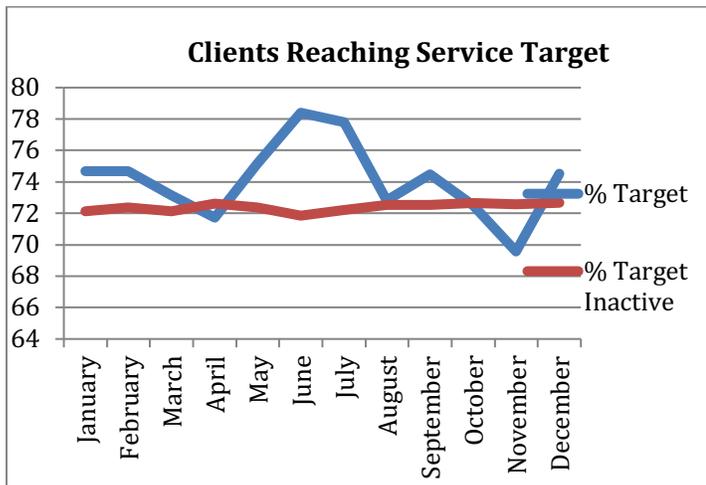
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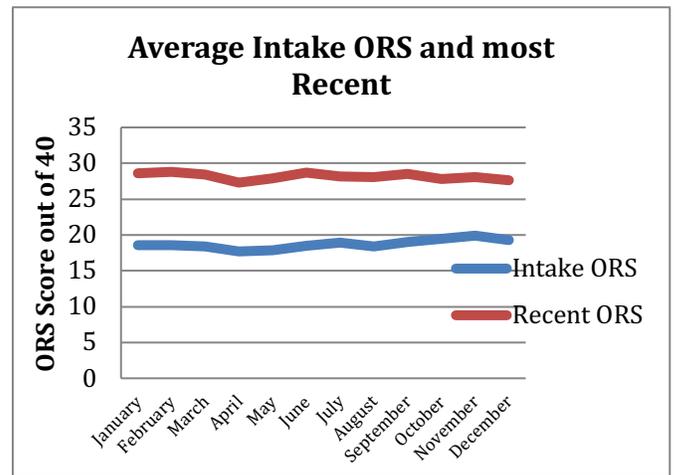
Annual Report Fiscal Year 2020

Demographics and Outcomes

For fiscal year 2020, CEC provided services to 297 individuals for a total of 3,647 counseling sessions. One hundred and twenty-three clients finished with therapy during the year, with our accumulative aggregate for planned termination from services being 35%. With regard to counseling effectiveness, aggregate results are extremely positive. This is diagramed below with data from the Feedback Informed Treatment data system used at CEC with all clients. "ORS" is the "Outcome Rating Scale", which measures client's assessment of positive life outcomes.



Agency trend is steady increase over 70%



Illustrates "before" and "after" counseling

Of those who benefit from CEC's Low-Income Counseling Program, the following is a summary of our service demographics for calendar year 2020:

- 90% of clients are at 175% of poverty or below
- 82% of clients are seen for \$20.00 or less
- 52% are enrolled in Medicaid
- 35% of clients receiving services in 2020 have been victims of, or witnesses to, violence or sexual abuse
- 21% are children
- 79% are adults (15 years and above)
- Female individuals comprise 68% of the client base, and 31% are male.
- Individuals with Grand Junction addresses represent 78% of CEC services.
- The majority of individuals seeking services are White, 76%, followed by 15% Hispanic.

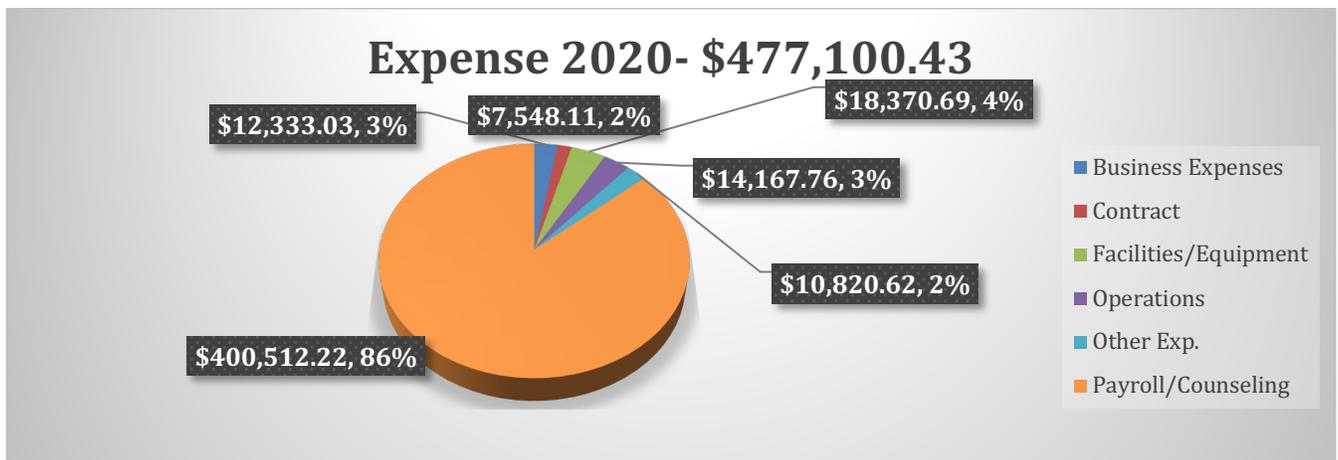
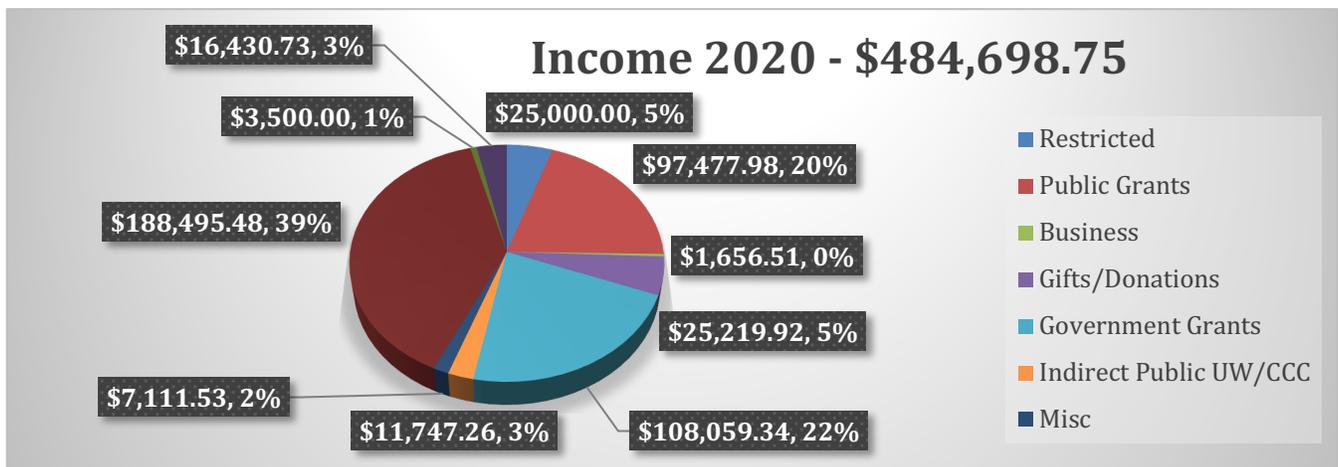
"Someone you can talk to!"

The 2020 average that people of low-income could afford on the sliding fee scale was \$28 of what is normally an \$85.00 appointment. CEC also sees a number of individuals at no cost as requested or dictated by circumstances of clients, which results in an average of \$5.16.

Program Focus

During 2020 the central focus was sustaining counseling services during the difficulties presented by COVID -19. CEC successfully pivoted to remote locations for all staff and continued with offering therapy services through telehealth (video or phone). CEC successfully maintained all staff throughout the entire year and kept up with a steady flow of requests for services. Our agency gratefully obtained a PPP loan through pandemic relief programs offered by the Federal Government. As illustrated in the charts above, CEC therapists maintained stable levels of “positive outcomes” for clients. Data does indicate that while clients were very satisfied with services progress was not at the typical rate. This is attributed to the overall damping effect COVID-19 continues to have on everyone in our community.

Budget Summary



Our Story, a Personal Sharing

Greetings from the Morelli Family,

We hope the staff at CEC and their loved ones are well. These are reflective times and to know CEC continues to support people of the Grand Valley, with counseling options, offers a guiding light so needed in these testing times and the everyday challenges of family life.

Our family was first introduced to CEC services through Sister Pat's parenting classes offered at our church in 1985. My son and daughter later [met] one on one with Sister Pat as our family struggled to adjust to the addition of a special need's child. My son [met] with Sister Pat during his senior year of high school and later met with Carmen dealing with a challenging relationship while living with his girlfriend.

The celebration of our 40th Wedding Anniversary, and those busy years of raising a family, returning to college, building a home and starting a business, often brought up communication challenges and led to the decision to seek marriage counseling at CEC. Michelle provided material that is still reference today.

CEC's commitment to the people of the Grand Valley is an example of the difficult good from which lives come to grow rather than just exist. The complexities and pleasure of being human and spiritual beings are found with these seasons of life. May seeds of hope come to bear to the many you have and will serve.

Sincerely,

The Morelli Family

(Shared with permission from the Morelli Family)