



# IMPACT 2024

## Determined, Like the Dandelion

One winter day many years ago, our founders (Sister Pat and Sister Faye) were worried about how to pay their first secretary's salary. They talked on the front porch of CEC, surrounded by snow-covered ground. Sister Pat turned her head and noticed a bright yellow dandelion blooming through the snow. As they marveled at the sight, their mailman arrived, handing them a check large enough to cover the secretary's salary. Since that day, the dandelion has been a symbol of good things to come at CEC. Our new logo reflects that history and culture.

As we look back at the progress of 2024, we remain strong in resilience, hope, and dedication to professional, affordable counseling services for people of all ages. Your support makes this possible. We are grateful, and our community is grateful.

### **More Clients**

In 2024, we saw a 23% increase in clients served, compared to 2023.

### **More Sessions**

In 2024, our therapists provided 4,900 counseling sessions to our clients—more than any other year in CEC history.

### **More Therapists**

We added five full-time therapists and one part-time therapist, with a 100% retention rate.

### **More Interns**

Eight counseling and social work interns received 132 hours of clinical supervision and worked with 185 clients.

### **More Connections**

We expanded community partnerships, collaborations, and outreach.

### **More Individual Support**

In 2024 we saw a 54% increase in monetary support from donors like YOU.

## *Grateful* for Our 2024 Funders & Contributors

### **Funders:**

21st Judicial District  
A.V. Hunter Trust  
Boettcher Foundation  
City of Grand Junction  
Colorado Behavioral Health Administration  
The Colorado Trust  
Desert Vista Garden Club  
First United Methodist Church  
Fruita Rotary Club  
The Goodwin Foundation  
Hilltop Community Resources  
Kiwanis Club of Grand Junction

Mesa County Opioid Crisis Recovery Fund  
Rocky Mountain Health Foundation  
Rocky Mountain Health Plans  
St. Mary's Regional Hospital/Intermountain Health  
United Way of Mesa County  
Western Colorado Community Foundation  
Brownson Memorial Fund  
Helen B. Christensen Howe Fund  
Rashleigh Fund  
Tom & Jean Paradis Fund  
Wyoming Community Foundation  
Carol & George B. McKinley Family Fund

### **Major Contributors:**

Jennifer & Adam Daniels  
Butch Fischer  
Cathy Frederick  
Richard Gamble  
Jeff & Jami Huber  
James Lauer  
Catharine & Lou Mudd  
Christian Mueller  
Reams & Reams  
Joanne Ring  
Richard & Esther Sapp  
Dr. Dolores Tiongco

*Grateful for  
EVERY Individual Donor*

## Lives Impacted by CEC in 2024



**405**  
Clients  
Ages 3-93



**330**  
Adults 18 & Older  
**75**  
Youth Under 18

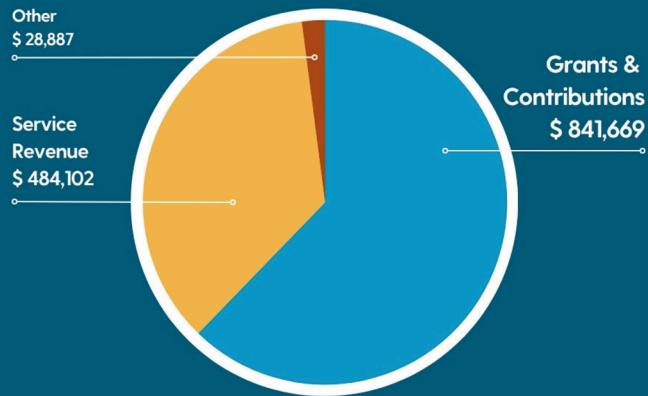


**81%**  
Low and  
Very Low  
Income



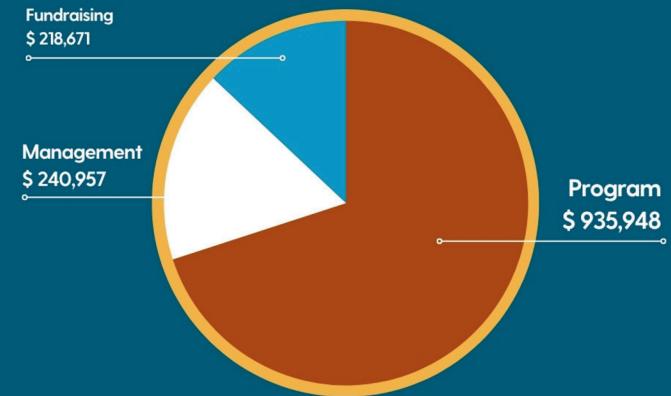
### CEC Revenue 2024

\$ 1,358,416



### CEC Expenses 2024

\$ 1,395,576



## Grateful for Our 2024 Community Partners

Appleton Clinic  
Colorado Mesa University MSW Program  
Colorado Nonprofit Association  
Community Impact Council  
Early Learning Ventures  
Epilepsy Foundation of Colorado & Wyoming  
Heaven's Little Steps  
KAFM Radio  
Live Well Counseling Center

Loving Beyond Understanding  
Mesa County Behavioral Health Steering Committee  
Mesa County Suicide Prevention Coalition  
Mesa County Opioid Response Group  
Project 1.27  
River's Edge Institute  
Sydney Elks, LPC  
Thrive Marriage & Family Counseling

## Grateful for Our 2024 Board of Directors

Christian Mueller, President  
Catharine Mudd, Vice President  
Holly Webster, Secretary  
Sheila Reiner, Treasurer  
Stacy Falsone  
Jeff Huber

Danette MacMillan  
Tonya McFarland  
Bryan Newman  
Nathan Oberle  
Shae Lynn Watt

"CEC has helped me  
get my life back."

CEC Client



Your support is more important than ever. Give the gift of counseling and help CEC create a mentally well community. You can donate right here → or mail a check to the address below. THANK YOU.



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cecwecare.org



970-243-9539 or 970-504-0898